

HEALTH & WELLNESS

The 100 have used its partnerships with other community groups, medical institutions, and health professionals to build on prevention efforts, encourage screenings and support fitness and other positive life-style choices. We sponsor and support programs that promote the awareness of heart disease, stroke, diabetes, and other conditions that disproportionately affect the African American community. Past examples include our sponsorship of Zumba fitness and yoga classes, the Winston Gaskin Community Walk for Wellness, blood drives through our partnership with the American Red Cross, and workshops that help more families secure health insurance coverage



EDUCATION

Helping our youth understand the value of academics plays an essential role in the guidance we provide as mentors.

Our programs include the Kitabu Corner reading challenge; summer science camp, and SAT prep classes. The 100 also collaborate each year with Junior Frontiers of the Mohawk Valley in sponsoring student participation in an annual tour of Historically Black Colleges. We also present seminars to assist students and their families in navigating the college application and financial aid processes. Our seminars demystify what can often be a complex and intimidating venture to the youth we serve and their families.



ECONOMIC EMPOWERMENT

The 100 Black Men of Syracuse's Economic Empowerment Program is based on the **100 Black Men of America's Economic Empowerment Program**. The 100 embraces economic empowerment as an essential component toward creating a just society. We believe economic growth must be fostered for all citizens of the United States. Economic empowerment provides the opportunity for individuals and communities to create their own dreams, pursue them, and ultimately perpetuate them by establishing the mechanisms to sustain generational wealth. Our stair-steps approach is used to develop initiatives that promote economic self-sufficiency through:

- Financial literacy
- Building family wealth
- Entrepreneurship

100 Wealth Building Club *(to be launched in 2015-2016)*

Students will meet to discuss information about the stock market, industries, companies, trends, etc. Club members then vote on their investment strategy and transactions are determined by majority rule.



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100
BLACK MEN
OF SYRACUSE INC.

*Achieving Results
Over A Lifetime*

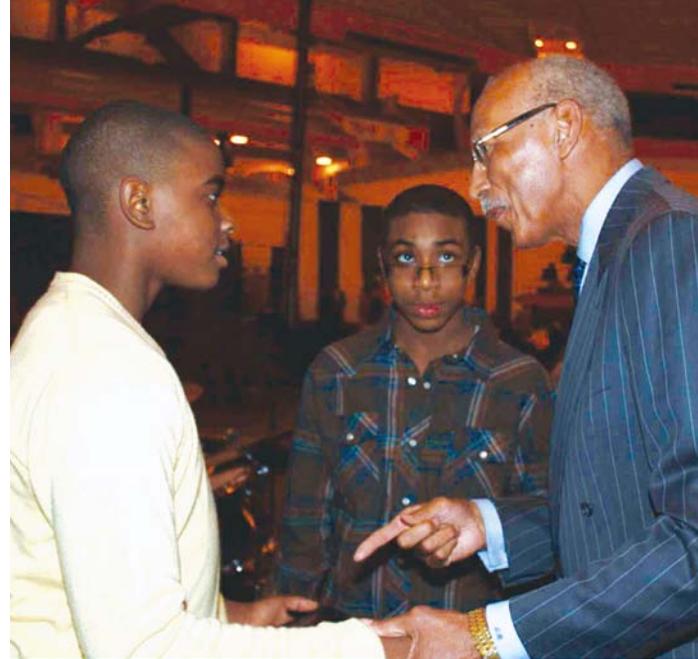
HISTORY

100 Black Men of Syracuse Inc. initially began as an idea conceived by Jerome Walker and Walter Eiland. Their plan was to build a grassroots organization that would foster the ideals of building community by nurturing young people. In 2006, they convened about 25 to 30 black men who shared their common concerns about the state of the Syracuse community. The group recognized the necessity for a stronger presence of African American males working to halt the deterioration of their neighborhoods and acting on a strong desire to rebuild a sense of community from within.

They looked at the national organization 100 Black Men of America as a feasible model that could help them begin this process. Hence the 100 Black Men of Syracuse Interest Group was formed. Beginning in 2007, members of the group:

- adopted bylaws
- opened an office at the South Side Innovation Center
- held its first elections

At the same time, the organization launched a range of initiatives and activities consistent with its mission and center around four core program areas. The group also incorporated as 100 Black Men of Syracuse Inc., secured support from The Gifford Foundation and others and secured federal tax-exempt status as a 501(c)(3) nonprofit organization.



MISSION

The mission of 100 Black Men of Syracuse Inc. is to improve the quality of life within our community and enhance educational and economic opportunities.

100 Black Men of Syracuse Inc. is committed to the physical, intellectual, and spiritual well-being of our youth and providing an environment where this critical development can be realized.

We are moving toward this vision by following the model of 100 Black Men of America known as “Four for the Future.” Using this model, we have developed programs to serve the community in the following areas:



Charles Anderson

- Mentoring
- Education
- Health and Wellness
- Economic Empowerment

MENTORING

The importance of youth being able to see and interact with positive adults is vital to their development. The 100 has a motto that states “*What They See Is What They’ll Be.*” Mentoring the 100 Way is a program that addresses the social, emotional, and cultural needs of children ages 8-18. Members are trained and certified to become mentors, advocates, and role models for the youth within our community. Through these mentoring efforts our members forge relationships that positively impact our greatest resource our youth. The program focuses on building essential skills needed to become productive contributing citizens.

“*Mentoring The 100 Way Across A Lifetime*” is a program that is results driven because of what is at stake, our children. Our goal is to achieve results that are verifiable, not only by charts and graphs but by diplomas and degrees. Evidenced by young people whose lives have been changed forever because of the efforts of the 100 Black Men of Syracuse.

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