

100

**BLACK MEN
OF SYRACUSE INC.**

**GUIDE TO
PROGRAMS**





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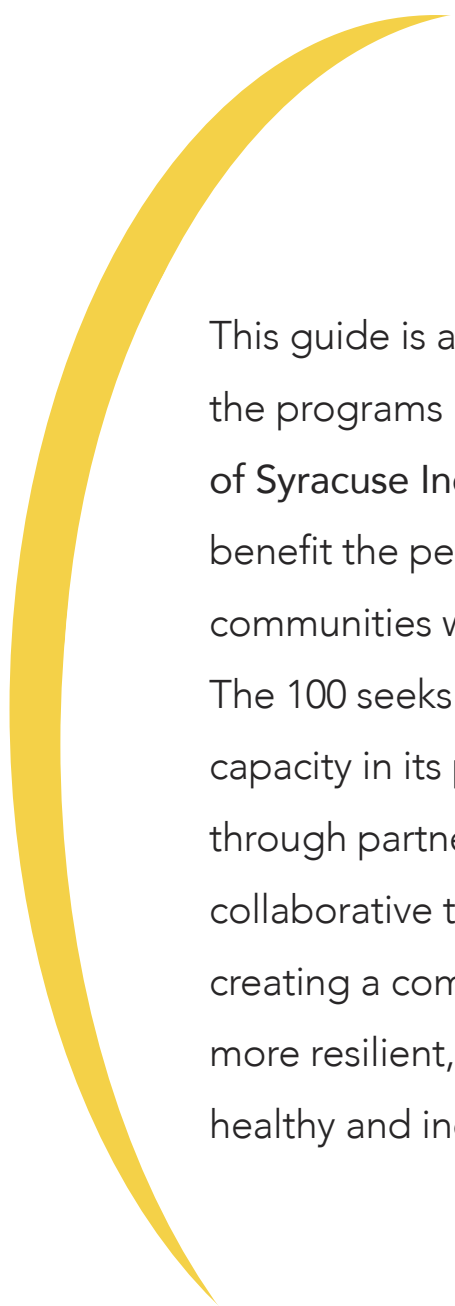
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**100 BLACK MEN OF
SYRACUSE INC. IS
COMMITTED TO
IMPROVING THE
QUALITY OF LIFE
IN THE GREATER
SYRACUSE
COMMUNITY
THROUGH
EDUCATION,
MENTORSHIP
AND SERVICE.**

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This guide is an overview of the programs 100 Black Men of Syracuse Inc. offers that benefit the people and communities we serve. The 100 seeks to build capacity in its programs through partnerships and collaborative teamwork, while creating a community that is more resilient, sustainable, healthy and inclusive.

100 Conversations for Change (web/social media)

Program Area: Leadership Development

(Special Initiative)

Program Summary/Description:

100 Conversations for Change is an online forum held regularly to discuss social inequalities in the Greater Syracuse area. The conversations are designed to help provoke thought and inspire leaders to make positive change within their organizations:

- Design solutions that impact the Syracuse community.
- Promote racial equity and opportunity for employees of color.
- Improve connections with community-based organizations to advance inclusion and the retention of people of color within a company or organization.
- Enter into a Memorandum of Agreement for Change with the 100 Black Men of Syracuse as a public declaration of commitment to real change.

Forum topics include education, economic fairness, internal organizational changes, corporate cultures, as well as Equity, Diversity and Inclusion in the workplace.

This forum is held periodically throughout the year. Contact us to join our next forum.

What is the program's capacity? Unlimited. Forums are held on an on-going basis.

Who is featured on this program? Educators, business owners, corporate executives, civil servants and elected officials, activists and community leaders, clergy, etc.

How can I find out more information? Who do I contact?

Drake Harrison (100dhsyr@gmail.com).

Go to <https://tinyurl.com/4fr4n5xt> to view previous conversations.

When/Where is the program held? The conversations are videotaped and posted on the 100's YouTube channel and Facebook page. Future plans are to include college students in conducting the interviews. The goal is to create a podcast featuring the conversations. Guests will be invited back to discuss interventions and progress within their organizations.

Life Through My Own Lens

Program Area: Education

Program Summary/Description:

Life Through My Own Lens is a 12-week program that focuses on developing creative skills for video production and storytelling. Youth are empowered to speak their truth using their voices in creative ways through their participation in a rich curriculum. Students enroll in the program learn from professionals and use professional-level digital cameras, computers and software. The program concludes with a presentation of each student's video project to their families and members of the community.

The program introduces the following:

- How to tell a story
- How to make a film
- Learning the camera
- How to interview
- Production (equipment overview, setup and the safe use of demo gear)

Who is this program for? Middle and high school students, as well as college undergraduates

How do I sign up? 100's online application at <https://bcombs.com/application/108>

How can I find out more information?

Who do I contact? Joe Gregory
(100bkmsyr@gmail.com)

How Often? Two 10-week sessions a year

How many participants does the program support? 15 to 20 students per session



Future 100

Program Area: Education/Leadership Development

Program Summary/Description:

Future 100 is a 12-week program designed to introduce high school students to diverse workforce opportunities and offer college admittance guidance. The program develops the life skills for its participants through four unique pillars that include: the history of 100 Black Men of Syracuse; leadership; community service; professional development; health and wellbeing; and financial literacy. Additionally, the program employs professionals in our community who conduct 60-90 minute interactive workshops that:

- Promote strong professional skills and an exemplary work ethic
- Enlist mentoring and engagement from industry professionals
- Provide introduction and insights into new and niche industries
- Afford networking opportunities for students
- Present paid internships for students who complete the program
- Offer financial literacy training and support
- Cultivate student enthusiasm
- Provide public speaking opportunities and conflict resolution training
- Teach the management of personal online impressions



Who is this program for? 10th to 12th graders

How do I register? 100's online application at <https://bcombs.com/application/108>

How can I find out more information? Who do I contact?
Tony Clark (100bkmsyr@gmail.com)

Where? This new initiative will be held at one of our designated locations.

How Often? Two 12-week sessions held each year

How many participants does the program support?
15 to 25 students each session

STEAM (Science, Technology, Engineering, Art & Math) Programs

Program Area: Education

Program Summary/Description:

The 100 plans to join forces with several partners, including STEM NOLA, a national leader in Science, Technology, Engineering, Math (STEM) education, Syracuse's Museum of Science and Technology and Community Folk Art Center, to design and deliver Science, Technology, Engineering, Arts, Math or STEAM-based activities, programs and events to kindergarten to 12th grade students and their families. Participants receive a unique interactive, hands-on learning experience that allows learners of all ages to deepen their knowledge in STEAM, increasing their confidence and help them chart a course leading to career opportunities in the STEAM fields.

Who is this program for?

Fourth through 12th grades

How do I sign up?

100's online application at <https://bcombs.com/application/108>

How can I find out more information?

Visit the 100 Black Men of Syracuse website at www.100blackmensyr.org.

Who do I contact? Larry Goodman (100lgsyr@gmail.com) or Drake Harrison (100dhsyr@gmail.com)

When/Where is the program held?

Locations and frequency vary.



Youth Empowerment Program (YEP)

Program Area: Level 1 Mentoring

Program Summary/Description:

Our Youth Empowerment Program, which serves youth in grades four through six, provides educational experiences that boost academic knowledge in a fun and entertaining way. YEP, which works closely with the Syracuse City School District, offers group interaction and involvement through activities, such as STEM projects, field trips, healthy cooking, and public speaking and leadership skill building based on the Toast Masters Youth Leadership Program.

Who is this program for?

Children in grades four through six

Program capacity? Three sessions of 25 students each

How do I sign up?

100's online application at <https://bcombs.com/application/108>

How Can I find Out More Information? Who Do I Contact?

Joe Gregory
(joegregory1.jg@gmail.com)

When/Where is the program held? How often? Sessions are conducted bi-weekly and in person or virtually, depending on the program structure. YEP follows the Syracuse City School District school calendar.



STEP-1 (Strength, Tenacity, Endurance & Pride)

Program Area: Level 2 Mentoring

Program Summary/Description: STEP-1, which is a bi-weekly mentoring program, serves male mentees in grades seven through nine. Group discussions cover current events that impact mentees' lives, presentations led by educators and outside professionals. Mentees also benefit from group projects, field trips and workshops.

All 100 Black Men of Syracuse members who serve as STEP-1 mentors are required to complete mentor training offered by 100 Black Men of America. We provide a comfortable, non-judgmental environment, allowing mentees an outlet to speak their mind. STEP-1 offers our mentees experiences not provided in a purely academic setting.

Who is this program for? Male students in grades seven through nine

How do I sign up? 100's online application at <https://bcombs.com/application/108>

How can I find out more information?

Who do I contact? Joe Gregory (joegregory1.jg@gmail.com)

When/Where is the program held?

How often? Twice a month at the South Side Innovation Center



Healthy Relationship & Fatherhood Training

Program Area: Mentoring

Program Summary/Description: The 100 Black Men of Syracuse's **Men of Strength Training Club or MOST**, which is presented in coordination with Vera House and PEACE, Inc., engages men and boys as allies in the prevention of violence against women and girls. These programs, which also include Real Men, Real Talk and the Buddy System (promoting positive fatherhood practices), provide direction on issues of domestic violence, dating violence, sexual assault, stalking and more. It also brings domestic violence awareness and prevention to families and homes where youth are involved.

Participants are engaged in discussions about domestic violence that occurs at home, in school and at other locations they frequent.

Who is this program for? High school and adult males

How do I sign up? 100's online application at <https://bcombs.com/application/108>

How can I find out more information?

Who do I contact? Derrek Thomas (thomasderrek@yahoo.com) and Joe Gregory (100coach.jg@gmail.com)

When/Where is the program held?

To be determined.



Junior Cadet Program

Program Area: Mentoring

Program Summary/Description:

The 100 Black Men of Syracuse's **Junior Cadet Program**, which partners with the Syracuse City School District, Syracuse Police Department, and other service agencies, introduces youth to public safety services in a positive, learning environment. Through the mentorship provided in this pilot program, youth develop a better understanding of the role law enforcement and emergency services play in serving the public. Their shared experiences will hopefully lead to broadening the lines of communication between public safety officials and Black and Brown communities.

The program is administered by an advisory board, which is comprised of representatives from all areas of the public safety services and the broader community. Currently, the program serves fourth and fifth graders at STEAM at Dr. King Elementary School. The goal is to expand this offering to other schools.



Who is this program for? Ages 8-11

How do I sign up? 100's online application at <https://bcombs.com/application/108>

What is the capacity for each session?
15-25 young people

How can I find out more information?

Who do I contact? Darris Williams
(darwill021@gmail.com)

How often is the program held?

The program meets biweekly over 10 weeks.

The 100 Holiday Season Toy Giveaway

Program Area: Mentoring

Program Summary/Description: 100 Black Men of Syracuse, in addition to providing gifts at an annual giveaway, partners with the Kirk Park Center staff in providing mentorship for youth living in the park's nearby neighborhood. Mentors look to develop relationships with their mentees through discussion, while encouraging them to join the 100's Youth Empowerment Program. Our giveaway-related activities:

- Provide age-appropriate games, books, and toys
- Offer personal growth experiences
- Promote thoughtful decision making
- Deliver positive life experiences
- Cultivate student enthusiasm

Who is this program for? Young children, families and 100 mentees

How to register?

<https://tinyurl.com/yp73zxwe>

What is the program's capacity? The 100 has provided toys/games/books/puzzles for more than 160 youth

Who do I contact? Walter Eiland
(eilandwh@aol.com)

When/Where is the program held?
Kirk Park Center

How often? Annually during the second week of December



Workforce Development Initiative

Program Area: Economic Empowerment

Program Summary/Description: The 100 Black Men of Syracuse's Workforce Development Initiative is focused on demonstrating the value of a diversified workforce by addressing the needs of the employee while working with employers to create a more inclusive environment. Our Workforce Development Initiative also seeks to engage job candidates, organized labor and employers in a relaxed atmosphere that fosters open communications and develops pragmatic approaches that improve the workplace.

More specifically, the 100 and its partners' intent is to provide guidance and structure for actions that sustain employment across industries, trades and professions for historically underserved communities and People of Color. Ultimately, the goal is to build a continuous pipeline of candidates to serve as apprentices, interns and employees for the purpose of building a more equitable society in Central New York.

Who is this program for? High school and college students, as well as adults

How do I get selected for the program? A selection process, including an interview and orientation, is required for entry.

Where is it located? Training is conducted at various locations, including worksites.

How can I find out more information?

Who do I contact? Vincent Love (vncnt47@gmail.com) or Drake Harrison (100dhsyr@gmail.com)

When/Where is the program held? How often? Workshops and wraparound services sponsored by the 100 and its partners are held at various training and work locations.



Winston Gaskin Community Walk for Health & Wellness

Program Area: Health and Wellness

Program Summary/Description: 100 Black Men of Syracuse annually hosts the Winston Gaskin Community Walk for Health and Wellness. This event honors Winston Gaskin, the first African American to own and operate a pharmacy in Syracuse. Gaskin, who passed away in 2009, was an Army veteran and community activist. His leadership helped lead to the formation of Housing Visions, which named a \$22 million housing preservation project on Syracuse's east side in 2021 after him.

The Gaskin Community Walk is also dedicated to raising awareness around health issues in our community and encouraging healthy living. Corporate sponsorships are welcomed.

Who is this program for? Individuals and families interested in staying healthy

How do I sign up? Online registration/flyers

What is the walk's goal? To incorporate physical exercise and other healthy living habits as part of a vital lifestyle, especially for those in the region's underserved communities.

Where is the walk held? The walk is typically held in a park in Onondaga County.

How can I find out more information? Go to our website or visit our social media platforms.

Who do I contact? Charles Anderson (charlesanderson5@mac.com)



4th Mondays Health & Wellness Lecture Series

Program Area: Health & Wellness

Program Summary/Description: Black people have the highest death rate and shortest survival of any racial/ethnic group in the United States for most cancers, according to the American Cancer Society. And, as a group, Black men have the lowest life expectancy and the highest death rate from specific causes compared to both men and women of other racial and ethnic groups. With such health statistics in mind, 100 Black Men of Syracuse conducts town-hall style public lectures, either in-person or virtually, featuring medical professionals and public health experts on cancer and other medical conditions.

The goals and objectives of this program are to provide education and awareness around critical diseases and conditions that disproportionately affect underserved communities and promote preventative care. The topics include but are not limited to:

- Breast cancer
- COVID-19
- Diabetes
- Heart disease
- Brain and mental health
- Prostate cancer
- Healthy eating

Who is this program for? All age groups

How do I sign up? Go to our website or visit our social media platforms.

How can I find out more information?

Who do I contact? Charles Anderson
(charlesanderson5@mac.com)

When/Where is the program held?

Lectures are held at the South Side Innovation Center or on a virtual basis.

How often? Throughout the year

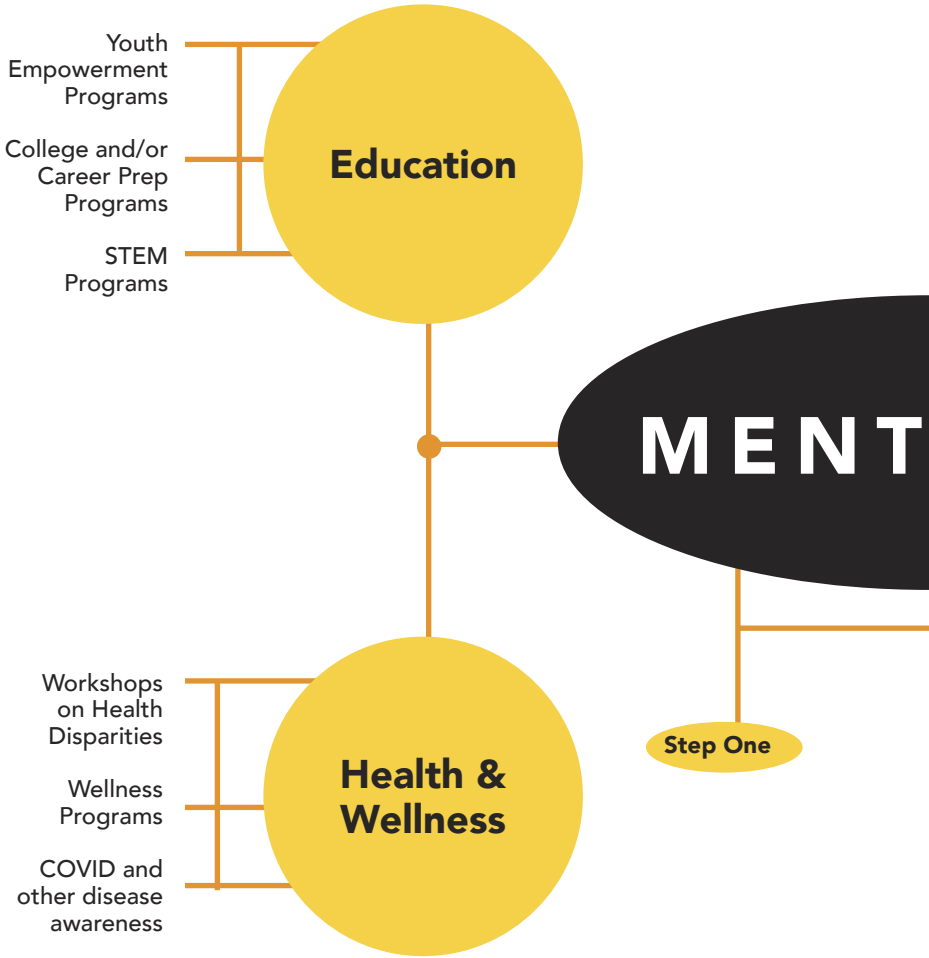


WHAT THEY SEE IS WHAT THEY'LL BE

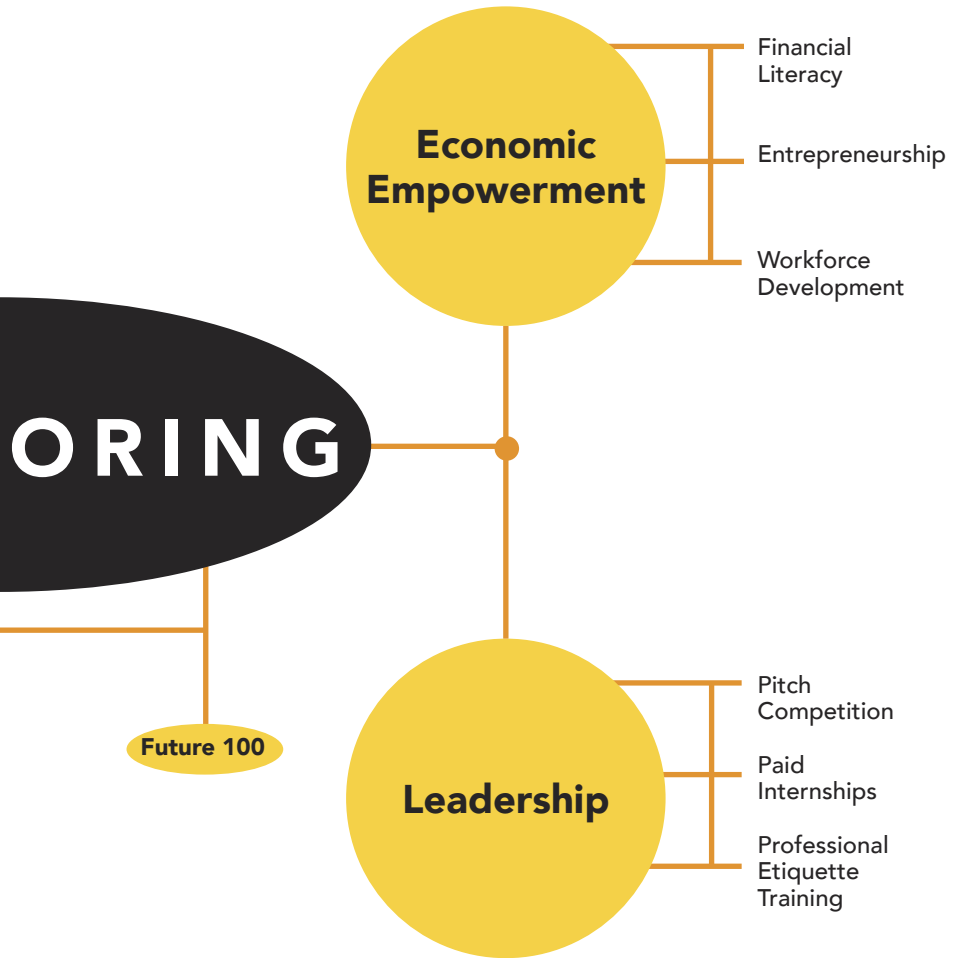




MAP OF PROGRAM INTEGRATION



MAP OF PROGRAM INTEGRATION



This map is a diagram to visualize the chapter's information and see the hierarchy of our programs and relationships among pieces of the whole.

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